# FAMILY FAITH AL FRIDGE

Jacob's Well - A Guide Connecting Home and Church - September 2016

## Wee Ones

Babes - Three Year Olds

Sing It!

God Created Everything (tune of "Do You Know the Muffin Man")

God created everything, everything, everything. (big arms up and out)

God created everything.
Isn't our God good?
(raise hands up)

Other verses repeat with new words:
all the stars (wiggle fingers high)
all the trees (waves arms high)
all the flowers (wave palms)
all the bugs (wiggle fingers)
all the birds (wave arms up & down)
all the fish (palms together, swim)
all the lions (arms circle around head)

Play in the Story: God Created Everything (Psalm 19)

#### **Sniff & Touch Creations**

God made all the smells we smell and feels we feel!

Make a Texture Board or Smell Bottles to help your child experience all the different feels and smells in God's Creation.

#### **Colorful Creations**

God made all the colors! One way to help your toddler experience all of God's colors is to make colored rice. Add 1 cup of rice, 1/2 tsp of vinegar and 10 drops of food coloring to a ziplock bag. Then shake the rice until it turns the desired color. Repeat with different colors. Tip: Be sure to dry the bag of rice unzipped, so the vinegar smell won't be so strong. Put bags of rice in a plastic container and add tools! Talk to your toddler about the different colors God made.:)



#### Hide-It-In-Your-Heart

Psalm 19:1-6

"The heavens tell the glory of God. And the skies announce what his hands have made."

### The Loft

Four Year Olds - Kindergarten

Let's Sing!

King of Kings (Practicing in the Loft)

He is the King of kings. (crown in front, crown on head)

He is the Lord of lords. (hands in front, hands spread wide)

His name is Jesus x4 (sign Jesus)

Oooooooooooool! (shake hands up to the sky)

He is the King...

Play in the Story: Life in Exile (Daniel 6)

Read and Chat - 2 Chronicles
36:14-20 tells us how God's
people walked away from God's
ways, and after many warnings,
God sent King Nebuchadnezzar
to carry them far away to
Babylon. How would you feel if
you had to leave home for a long
time? Daniel was among God's
people at the time of exile. You
can read his story in lots of
children's bibles. Was God still
with Daniel in Babylon? Where
might God go with us?



#### E-Story

Love these two videos! Just search "Kid Bible Stories: Daniel on Vimeo" and "God's Story: Daniel on Vimeo."

#### Hit the Library

Did you know you can find all your favorite
Bible stories, like Daniel in the Lion's Den,
in the children's non-fiction section of the
library? Yep!

#### Faith in Action!

The story of God's people living in exile may have you thinking about what it feels like to be forced away from your home. In the next couple months our justice team will be sharing ways we can all can share God's love with refugees here in Kansas City! Watch for more info in newsletters and during announcements.

## Wonderground

## Conversation Around the Table

What is repentance? How do you show when you are sorry for doing wrong?

Why does God insist on punishing the people of Judah and Israel?

What questions or concerns do you have about death?

What rule(s) do you forget most often? How can you help yourself remember?

Get in the Story: Kings of Judah, Part 2 (2 Chronicles & 2 Kings)

From the terrible downfall of the northern kingdom of Israel we now turn to consider the fate of the surviving southern kingdom of Judah. As addressed in Kings of Judah, Part 1, we've seen how Judah's kings, the direct descendants of King David, have done well or poorly at remaining faithful to God. Now we consider three more kings from David's family: Hezekiah, his son Manasseh, and his grandson, Josiah. Each introduces the themes of repentance, forgiveness, and salvation, even as prophets like Isaiah and Huldah assure them that the last remnant of God's people will still be punished with exile for centuries of disobedience.

#### **Reading the Bible**

Jerusalem Under Siege - 2 Chronicles 32:1-23 Hezekah's Illness - 2 Kings 20:1-21 Manasseh Repents - 2 Chronicles 33:1-17 Josiah & the Lost Scroll - 2 Chronicles 34:1-33

#### Hide It In Your Heart

Isaiah 1:18: "...Even though your sins are bright red, they will be as white as snow. Even though they are deep red, they will white like wool."



#### **Family Experience**

Experience life, hope, and poverty in a developing country at this free local KC event, Sept. 16-19 in Pleasant Hill, MO. Register online. http://cts.compassion.com/events/

### Tending

Mimi Keel, Kids' Community Director

If you could choose one word to describe your summer, what would it be? My word would be "tending". Webster defines the word tend this way- to take care of, to pay attention, to watch over.

Before summer started, I knew I needed to tend to my inner life. The Parable of the Sower from Luke 8 is about a farmer sowing seed and the varied conditions of the soil. It caused me to reflect on the soil that is my life, my heart, my spirit. Is it rich in nutrients? Is it infested with weeds? I spent time reflecting on various parts of my life-spiritual, physical, marital, familial & professional. Then, I made some goals for each. I



also thought about how and where I wanted to do this "tending" of myself. As I began this process, I became aware of how important PLACE is in regards to tending. Where do I enjoy being? What are my favorite places? Tim loves to start his day in a coffee shop. I like to start mine in the quiet of our basement. Basement, you say? Yep. It's like a cozy cave. I'm alone. I light my Anthropologie candle and plop down on our sofa with my journal and Bible. Tim loves the pool where he can swim and feel the warm sun. I love my bike where my mind is free and I can feel the air on my face as I coast downhill. If the body is the locus of God's presence, tending our physicality is HUGE!

Being in places where we feel joy and freedom helps us tend to ourselves, our spouses, and our kids. Where and when can you simply be? What about your kids? Is it in a coffee shop? Church? Girls night out? Camping? Your deck? Your garden? And then, am I creating the time to be? Where is it on my calendar? Is there time for my kids to be? Or is our pace wreckless and frantic? How can I create tending spaces in my life? What do I want them to look like? What do I want them to feel like?

Kids are naturally pretty good at tending to themselves and being in the moment. One way we can help pass this onto our kids is to model the practice of tending to ourselves for them. When our kids were small, I used to go away for what I called a "24." I'd go to a little cabin in the woods by myself for 24 hours and do whatever I wanted to do...sleep in, paint my nails, read, hike, pray, nap. I'd always say," When mommy gets back, she'll be a much happier mommy. "And they all agreed.

God gives Jeremiah a message to the people of Judah and Jerusalem in Jeremiah 4. He says, "Plow your unplowed fields and don't plant weeds in the soil. Yes, circumcise your lives for God's sake. Plow your unplowed hearts." (from The Message)